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Coping Strategy on Misplaced College Student

Coping Strategy pada Mahasiswa Salah Jurusan

1. Fara Sofah Intani --> - / fara_chova@yahoo.com
2. Endang R. Surjaningrum --> -
3. --> -
4. --> -
5. --> -

Abstract

Due to conflict variations that occur to misplaced college students, this study was keen to disseminate conflict variations that occur to misplaced college students and their coping strategies to handle it. The misplaced college student which is chosen in this research whose decided to stay and finish college. Through this context, the clearer dynamics of coping strategy was expected. Interview and observation process was done to three college student, consisting of two male students and one female. The results of data analysis are 1) misplaced college students go through conflicts but they are varied in accordance to each context; generally the conflicts that occur are psychological, academic and relational; 2) The uniqueness of each research subject are: a) misplaced students with independent characteristic tend to create problem-focused coping; b) Inconsistent support system to misplaced college student causes a more vulnerable psychological condition; c) Consistent and strong supporting system minimizes the quality of conflict within misplaced college student; 3) A coping strategy occurs to overcome psychological, academic and relational conflict; 4) Misplaced college students who have a competency to control the environment tend to use problem-focused coping. In the other hand, misplaced college students who do not have a good competency to handle their environment tend to use emotional-focused coping; 5) The findings of this research are: a) The objective of the coping is to reach a maturation, and as a way to increase self resilience in order to face a bigger conflict in the future; b) The creation of problem-focused coping is preceded by the dynamics of thinking process which leads to an insight serves as a base for the coping strategy.

Keyword : conflict, coping, strategy, college, student,

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