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Emotional Dynamics of Narcotic Addicts on Recovery Phase

Dinamika Emosi Pecandu Narkotika dalam Masa Pemulihan

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Abstract

Recovery phase is a period whom experienced by a junky who decided to stop using drugs. In this period, junkies generally experience emotional instability which was called the emotion dynamics. Therefore, the aim of this study was to explore the emotion dynamics of some junkies while they were in recovery period. From interview with two junkies attending Subutex therapy showed that junkies would experienced emotional changes throughout the recovery period. The subject of this research was purposive with some criteria. The data collection is interview with general guidance. The result comes up from the analysis based on Plutchik evolutionary theory. Based on Plutchik evolutionary theory, the emotion dynamics that happened could be seen as the spinning or feedback process as a result of a previous event and could also be a stimulus to start a subsequent event. We could not compare the emotion dynamics which happened to both subjects, because it depends on the events happened in the subject.

Keyword : emotion, dynamics, recovery,

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