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# INSAN

## MEDIA PSIKOLOGI

Hubungan Kepuasan Kerja  
dan Dukungan Sosial dengan Persepsi Perubahan Organisasi

Agustin Handayani

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## ***Correlation between Adaptations of Stress and the Tendency Academic Demands on students of Faculty of Medicine, Hang Tuah University.***

### ***Hubungan antara Penyesuaian Diri terhadap Tuntutan Akademik dengan Kecenderungan Stres pada Mahasiswa Fakultas Kedokteran Universitas Hang Tuah Surabaya***

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#### **Abstract**

The purpose of this study was to determine the relationship between adaptations of stress and the tendency academic demands on students of Faculty of Medicine, Hang Tuah University. Type of research used in this study was correlational quantitative research, because this study was held to find a relationship between two variables and can be statistically analyzed to answer the research hypothesis. Based on product moment correlation analysis between the adjustment to the academic demands and the tendency of stress of students, it is obtained the result that  $r = -0.403$  at a xy significance level ( $p = 0.000$  ( $p < 0.01$ , which means significant). This means that the adjustment to the academic demands have a negative correlation with stress tendency. The contributions of effective adjustment to the academic demands is 16.2% indicating that there were approximately 83.8% of other factors that influence the tendency of stress of students. The other influencing factors are the environmental factors, personality factors, type A behavior patterns, cognitive factors and socio-cultural factors.

Keyword : adaptation, academic, , demands, , ,

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