INSAN MEDIA PSIKOLOGI

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Emotional Intelligence and Psychological Well-being among Elderly People of Religion-Based Group

Emotional Intelligence dan Psychological Well-being pada Manusia Lanjut Usia Anggota Organisasi berbasis Keagamaan di Jakarta

Abstract

The empirical validations of relationship between emotional intelligence and psychological well-being remained inconsistent, particularly among older adults. This research was intended to examine the relationship between the emotional intelligence and psychological well-being among elderly people in Jakarta. A sample of 72 elderly men and women of religion-based group completed a set of questionnaires on demographic factors and psychological measurement of emotional intelligence and psychological well-being. These results support previous studies that found positive and significant association between two variable and several demographic factors related. The discussion focuses on finding and limitations of this research for implication and in the light of theoretical and methodological consideration for further research.

Keyword : emotional, intelligence, psychological, well-being, elderly,

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