INSAN
MEDIA PSIKOLOGI

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Influence between Emotional Maturity and Self-efficacy on Craving in Ex-drug Users

Pengaruh antara Kematangan Emosi dan Self-efficacy terhadap Craving pada Mantan Pengguna Narkoba

Abstract

The purpose of this study was to determine whether there is influence between emotional maturity (as variable X1) and self-efficacy (as variable X2) on craving (as variable Y) in ex-drug users. The population of this study was former drug users who have become a member of the Surabaya Orbit Foundation. Sampling technique used was simple random sampling. The characteristics of the research subjects were former drug users. Population n = 90 and significance level of 5%. The sampling number according to the table is 70. Data analysis used two predictors of regression analysis using SPSS 17 for windows. The results is $r = 0.582 > 0.235 \text{xyr}$ with $n = 70$ at $\alpha = 5\%$. It means that there are significant effects between emotional maturity and self-efficacy on craving in former drug users. The results of this study have shown significant effect, in which the emotional maturity and self-efficacy affects craving in former drug users, but the impact is very small because the coefficient of determination ($R^2$) indicates that the relative contribution given by emotional maturity and self-efficacy on craving are only 34%. Therefore there are 66% of other factors that may determine the emergence of craving in former drug users.

Keyword : emotional, maturity, self-efficacy, craving, former

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