Kesehatan Reproduksi Perempuan dalam Perspektif Antropologi Budaya
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Makna dan Fungsi Tradisi Sinamot dalam Adat Perkawinan Sukubangsa Batak Toba di Perantauan Surabaya
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Stressor Sosial Biologi
Lansia Panti Werdha Usia dan Lansia Tinggal Bersama Keluarga
Rosita

Efek Pelecehan Seksual di Lingkungan Kampus:
Studi Preliminer
Myrtati D Artaria

Terapi Totok Diet:
Upaya Pencapaian Berat Badan Ideal Perempuan
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<table>
<thead>
<tr>
<th>No.</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Kesehatan Reproduksi Perempuan dalam Perspektif Antropologi Budaya</td>
<td>-</td>
</tr>
<tr>
<td>2</td>
<td>Makna dan Fungsi Tradisi Sinamot dalam Adat Perkawinan Sukubangsa Batak Toba di Perantauan Surabaya</td>
<td>-</td>
</tr>
<tr>
<td>3</td>
<td>Respon Masyarakat Peminat Posyandu Perkotaan</td>
<td>-</td>
</tr>
<tr>
<td>4</td>
<td>Stressor Sosial Biologi Lansia Panti Werdha Usia dan Lansia Tinggal Bersama Keluarga</td>
<td>-</td>
</tr>
<tr>
<td>5</td>
<td>Efek Pelecehan Seksual di Lingkungan Kampus: Studi Preliminer</td>
<td>-</td>
</tr>
<tr>
<td>6</td>
<td>Terapi Totok Diet: Upaya Pencapaian Berat Badan Ideal Perempuan</td>
<td>-</td>
</tr>
</tbody>
</table>
Stressor Sosial Biologi Lansia Panti Werdha Usia dan Lansia Tinggal Bersama Keluarga

Abstract

The success of National Development and Technology in Health sector increases the life expectancy among seniors in Surabaya around 10%. This relate with life expectancy of seniors in a nursing house and the seniors who live with their families, also, the relationship between stressor on seniors by the internal and external environment. These stressors, will bring about an impact on their health and, of course, their life expectancy. The purpose of this research is to describe the stressors on seniors and also to distinguish the stressors experienced by seniors living in a nursing home with those living with their families. This research will be useful to find out the number of life expectancy among seniors and also to describe the stressors experienced by the seniors. This research is designed in a qualitative way with descriptive study and purposive technique on deciding the location and the informants. The informants are seniors in a nursing home with the total number of 9 people; 7 women (69-85 years) and 2 men (78-80 years). The informants are also senior who live with their families with the total number of 5 people, 3 women (56-78 years) and 2 men (63-79 years). The result of this research explains that the stressors experienced in a nursing home and those who live with their families are affected by internal and external environment. Internal environment is the individual perception of symptom and sickness of disappointment or anger with the children or families, while external environment is the surrounding environment, such as homes, families, noise, untidiness, etc. from that kind of environment comes the stressors which will affect their fears and worries. This can be seen that the highest number of life expectancy is the one of seniors living in the nursing home of Panti Werdha Usia, 90 year old women whose conditions are lying on the beds, and 82 year old men whose conditions are strong and healthy. On the other hand, the seniors living with their families are worse, the oldest man is 82 years old with a healthy condition and the oldest woman is 82 years old with a rather weak condition. Finally, the internal and external environment affect the endurance of seniors and that will lead to various diseases which clearly affect the life expectancy.

Keyword : seniors, environment, stressors, 

Daftar Pustaka :