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Job Stress Differences Seen from Work Shift in Nurses at Dr. Soetomo Hospital Surabaya

PERBEDAAN STRES KERJA DITINJU DARI SHIFT KERJA PADA PERAWAT DI RSUD DR. SOETOMO SURABAYA

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Abstract

This study aimed to determine whether there are job stress differences seen from work shift in nurses at Dr. Soetomo Hospital Surabaya. Nurses work to care for and maintain the patient for 24 hours in the hospital so the nurses had to work shifts (Wijaya, et al., 2006). Work shift is a task demands that can lead to job stress (Copper, in Munandar, 2001). Job stress is interaction between a psychological demands with the job control and social support in the workplace, where a high psychological demands, a low job control, and a low social support in the workplace (Karasek, in Sulsky & Smith, 2005).

The research was conducted on nurses in the Installation Medical Inpatient at Dr. Soetomo Hospital Surabaya, amount of 138 people. Data collection tools such as job stress questionnaire developed by Theorell owned by Karasek job stress dimensions. Data analysis was performed by one-way ANOVA statistical techniques, with the help of SPSS for windows 16.00. The result indicated that there was no difference in terms of job stress seen from work shift in nurses at Dr. Soetomo Hospital Surabaya.

Keyword : work, shift, job, stress, nurses,