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Abstract

Diabetes and depression is one of the most serious medical disorders in public health. Depression in patients with type 2 diabetes is associated with poor treatment compliance, compromised quality of life, increased rates of hyperglycemia, other complications of diabetes, and mortality. Depression and neuropathic pain is connected. A number of studies have documented the efficacy of conventional treatment approaches such as pharmacotherapy, cognitive behavioral therapy (CBT) and exercise on managing depression and neuropathic in patients with type 2 diabetes. This article discussed ways to manage depression and neuropathic pain adequately in patient with type 2 diabetes.

Keyword: Diabetes, Depression, Neuropathic, Pain, Pharmacotherapy, CBT, and, Exercise,

Daftar Pustaka: