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Correlation Between Coping Strategy and Marital Commitment in the Middle Aged Dual-Career Couple

Hubungan antara Bentuk Strategi Coping dengan Tipe Komitmen Perkawinan pada Pasangan Dewasa Madya Dual Karir

1. Nora Shofia Rahmatika --> - / norashofia@gmail.com

Abstract

The aim of this study was to empirically examine the relationship between each type of coping strategies and the three type of marital commitment. The two forms of coping strategy are problem-focused coping and emotion-focused coping. Both forms of coping strategies will be tested in correlation with each type of marital commitment namely personal commitment, moral commitment and structural commitment.

This research was conducted on 122 people aged 35-60 years consisted of 58 men and 64 women who had professional job and participate in the full-time pursuit of career and family. Coping strategy and marital commitment questionnaire translated from standardized instrument used as data collection tool. Coping strategies scale reliability was 0.789 and marital commitment scale reliability was 0.909.

Analysis indicated that emotion-focused coping has significant correlation with personal commitment ($\rho = 0.221, p = 0.019$) and moral commitment ($\rho = 0.225, p = 0.017$). Emotion-focused coping showed no significant correlation with structural commitment. Problem-focused coping has no significant correlation with the three type of marital commitment. The results of the analysis showed that there is positive significant correlation between emotion-focused coping with personal and moral commitment.

Keyword : Marital, Commitment, Coping, Strategy, Dual-Career, Couple

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