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The Relationship Between Self-esteem And Tendency Of Body Dysmorphic Disorder In Female Adolescents

Hubungan Antara Self-Esteem Dengan Kecenderungan Body Dysmorphic Disorder Pada Remaja Putri

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Abstract

The aim of the study was to examine the relationship between self-esteem and tendency of Body Dysmorphic Disorder (BDD) in female adolescents. Self-esteem is the attitudinal, evaluative component of the self, the affective judgments placed on the self-concept consisting of feelings of worth and acceptance which are developed and maintained as a consequence of awareness of competence and feedback from the external world. BDD is a psychiatric disorder characterized by a preoccupation with an imagined or slight defect causes significant distress or impairment in functioning. The subjects of the research comprise 100 female high school students whose ages between 15-18 (N=100). The instrument used to collect data for the dependent variable is Self-Esteem Questionnaire (SEQ) by Dubois, et.al. that consist 42 items. And the instrument used to collect data for the tendency of body dysmorphic disorder consisting 38 favorable items. The collected data were analyzed by Pearson product moment correlation using SPSS 16.0 statistical analysis program. The results showed that there were significant relationship between self-esteem and tendency of BDD (p=0,000, r=−0,405). The higher self-esteem so the lower tendency of BDD and vice versa, the lower self-esteem so the higher tendency of BDD.

Keyword : self-esteem, tendency, of, body, dysmorphic, disorder, female, adolescents,

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