Kualitas Perempuan Lanjut Usia yang Melajang
Khristina Kumiasari & Tina Leonardai

Against Loneliness Influence Elections In Adult Life Couple Still Single Beginnings
Adonal Filsia Arumahina

The Effect of Training “Understanding and Assisting in Learning” Increased Understanding of the Classroom Teachers in Inclusive Schools on Children with Special Need
Anna Wahidah

The Meaning of Life of Middle Age Adult Face Empty Nest Filling
Bramanti Nindal Narasadi

Pengaruh Dukungan Keluarga Terhadap Psychological Well-Being Pada Masa Pensiun
Dassy Permana Sari & Veronika Suprapti

Perbedaan Tingkat Self Control pada Remaja Laki-Laki dan Remaja Perempuan yang Kecanduan Internet
Dhanis Andayani & M. M. W. Taras

Relationship between Student Perception of Teacher Social Support with Mathematics Self-Efficacy on Student of SMA Negeri 14 Surabaya
Dhita Septika Anandari

The Influence of Playing Playdough Toward 5-6 Years Old Child Creativity Viewed from Individually and Grouply Playing
Dynna Wahyu Frewita Sari

Pengaruh Perfeksimisme Terhadap Prokrastinasi Akademik pada Siswa Program Akselerasi
Nicky Yudha Ananda & Endah Mastuti
# Table of Contents

<table>
<thead>
<tr>
<th>No.</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Kualitas Perempuan Lanjut Usia yang Melajang</td>
<td>152 - 159</td>
</tr>
<tr>
<td>2</td>
<td>Against Loneliness Influence Elections In Adult Life Couple Still Single Beginnings</td>
<td>160 - 169</td>
</tr>
<tr>
<td>3</td>
<td>The Effect of Training “Understanding and Assisting in Learning” increased Understanding of the Classroom Teachers in Inclusive Schools on Children with Special Need</td>
<td>170 - 183</td>
</tr>
<tr>
<td>4</td>
<td>The Meaning of Life of Middle Age Adult Face Empty Nest Filling</td>
<td>184 - 193</td>
</tr>
<tr>
<td>5</td>
<td>Pengaruh Dukungan Keluarga Terhadap Psychological Well-Being Pada Masa Pensiun</td>
<td>194 - 205</td>
</tr>
<tr>
<td>6</td>
<td>Perbedaan Tingkat Self Control pada Remaja Laki-Laki dan Remaja Perempuan yang Kecanduan Internet</td>
<td>206 - 214</td>
</tr>
<tr>
<td>7</td>
<td>Relationship between Student Perception of Teacher Social Support with Mathematics Self-Efficacy on Student of SMA Negeri 14 Surabaya</td>
<td>210 - 217</td>
</tr>
<tr>
<td>8</td>
<td>The Influence of Playing Playdough Toward 5-6 Years Old Child Creativity Viewed from Individually and Grouply Playing</td>
<td>218 - 225</td>
</tr>
<tr>
<td>9</td>
<td>Pengaruh Perfeksionisme Terhadap Prokrastinasi Akademik pada Siswa Program Akselerasi</td>
<td>226 - 231</td>
</tr>
</tbody>
</table>
The Meaning of Life of Middle Age Adult Face Empty Nest Filling

Kebermaknaan Hidup Pada Usia Dewasa Madya Menghadapi Pengisian Sarang Kosong

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Abstract

The research is purposed to know how life meaning of the individu related adult age faces the filling of empty nest by pointed to the six components in meaning the life. First, self insight, the meaning of life, changing attitude, self commitment, directed activities, social support. This research conducted to three individuals coming on adult phase where their child return to the family house caused a problem. Data excavation is conducted by indepth interview and refer to the guide interview. Then, interview result is recorded using result instrument in MP3 and analysed with Miles and Hiberman model guided on teoritic frame used for get drawing from phenomena observed. The result is, the first, child is everything for them. Second, the return of the child with empty hand according to research result of the writer make the parent worrier and more carefull even more patient and calm in guiding their child, without override negative feeling situation when in the first acceptance the condition of the child unsuccess. Third, filled empty nest problem again is very advantage condition to be able pass through three concept adult phase development. First, trend of choice generalitify than stagnation. Second, self transformation or condition be nature reaction to adult maturity in concious performed by the informan. Third, able to pass four internal conflicts finally can be received as part in adult development phase.

Keyword : Adult, empty, nest, filling,

Daftar Pustaka :