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GENETIC MUTATION PROFILE OF gyrA AND parC GENE IN CIPROFLOXACIN-RESISTANCE Pseudomonas aeruginosa
(Rosita Febriana, Didik Hasmono, Kuntaman)

THE DEPRESSION PROFILE OF PEOPLE LIVING WITH HIV/AIDS (PLWHA) RECEIVING ANTIRETROVIRAL TREATMENT IN DR. SOETOMO HOSPITAL SURABAYA
(Yosua Hendrik Manurung, Margarita Maria Maramis, Erwin Azha Triyono)

AGREEMENT BETWEEN ESTIMATED APOLIPROTEIN B-100 CONCENTRATION AND APOLIPROTEIN B-100 CONCENTRATION MEASURED BY IMMUNOTURBIWIDIMIC METHOD
(Hadisihworo P, Soehtia S, Anniwati L)

ER, PR, AND HER-2/NEU PROFILE ON YOUNG BREAST CARCINOMA PATIENTS
(Caesarisma Vidyanti, Drah Fauziah, Desak Gede Agung Suprabawati)

CORRELATION BETWEEN HEART TYPE FATTY ACID BINDING PROTEIN SERUM LEVEL AND SOLUBLE ST2 IN ACUTE CORONARY SYNDROME PATIENTS
(Dhini Tri Wahyuh Nugroho, Mohammad Aminuddin, Jusak Nugraha)

CORRELATION BETWEEN N-TERMINAL PRO-BRAIN NATRIURETIC PEPTIDE LEVEL WITH DYNAMIC FUNCTION ECHOCARDIOGRAPHY PARAMETER IN ACUTE CORONARY SYNDROME
(Fozaif Aswad, Muhammad Aminuddin, Jusak Nugraha)

CORRELATION BETWEEN E/VP AND E'/E IN LEFT VENTRICULAR FILLING PRESSURE MEASUREMENT AMONG PATIENTS WITH DILATED CARDIOMYOPATHY
(Rosi Amrilla Fagi, Rochmad Rondoni)

CHANGES IN PLATELET COUNT, MEAN PLATELET VOLUME, PLATELET DISTRIBUTION WIDTH, AND PLATELET CRIT IN PULMONARY TUBERCULOSIS SEVERITY
(Fatimah S, Swemanarum)

MICROBIAL PATTERN AND ANTIBIOTIC SUSCEPTIBILITY TEST IN SEMEN GRESIK HOSPITAL 2012
(M Abd Fahruddin, Prihatin)

DIAGNOSTIC VALUES OF IMMATURE GRANULOCYTES, EOSINOPENIA AND I/T RATIO IN DETECTION OF EARLY ONSET NEONATAL SEPSIS IN NEONATES WITH BACTERIAL INFECTION RISK
(Eko Bagus, Hartono Kafar, Puspita Wardhani)

EFFECT OF COFFEE DRINKS TO THE REACTION TIME OF 18-22 YEARS OLD MALE UNIVERSITY STUDENTS
(Gigih Aditya Wardana, Irfansyah Irwadi, Harlina Soetjipto)

INFLUENCE OF WEIGHTLIFTING ON THE EMERGENCE OF PARTIAL AND FULL THICKNESS ROTATOR CUFF TEAR DETECTED BY ULTRASOUND IMAGING
(Rosy Setiawati, Paulus Rahardjo, Bambang Hartono)

MEAN SCORE OF CERVICAL PEDICLE ANGLE TO MIDLINE AND INFERIOR END PLATE IN ADULT USING MULTI SLICED COMPUTED TOMOGRAPHY
(Ardhiane Kasaba, Paulus Rahardjo)

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# Table of Contents

<table>
<thead>
<tr>
<th>No.</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>GENETIC MUTATION PROFILE OF gyrA AND parC GENE IN CIPROFLOXACIN-RESISTANCE Pseudomonas aeruginosa</td>
<td>1 - 5</td>
</tr>
<tr>
<td>2</td>
<td>THE DEPRESSION PROFILE OF PEOPLE LIVING WITH HIV/AIDS (PLWHA) RECEIVING ANTIRETROVIRAL TREATMENT IN DR. SOETOMO HOSPITAL SURABAYA</td>
<td>6 - 9</td>
</tr>
<tr>
<td>3</td>
<td>AGREEMENT BETWEEN ESTIMATED APOLIPOPROTEIN B-100 CONCENTRATION AND APOLIPOPROTEIN B-100 CONCENTRATION MEASURED BY IMMUNOTURBIDIMETRIC METHOD</td>
<td>10 - 14</td>
</tr>
<tr>
<td>4</td>
<td>ER, PR, AND HER-2/NEU PROFILE ON YOUNG BREAST CARCINOMA PATIENTS</td>
<td>15 - 18</td>
</tr>
<tr>
<td>5</td>
<td>CORRELATION BETWEEN HEART TYPE FATTY ACID BINDING PROTEIN SERUM LEVEL AND SOLUBLE ST2 IN ACUTE CORONARY SYNDROME PATIENTS</td>
<td>19 - 24</td>
</tr>
<tr>
<td>6</td>
<td>CORRELATION BETWEEN N-TERMINAL PRO-BRAIN NATRIURETIC PEPTIDE LEVEL WITH DYASTOLICFUNCTION ECHOCARDIOGRAPHY PARAMETER IN ACUTE CORONARY SYNDROME</td>
<td>25 - 29</td>
</tr>
<tr>
<td>7</td>
<td>CORRELATION BETWEEN E/VP AND E/E’’ IN LEFT VENTRICULAR FILLING PRESSURE MEASUREMENT AMONG PATIENTS WITH DILATED CARDIOMYOPATHY</td>
<td>30 - 33</td>
</tr>
<tr>
<td>8</td>
<td>CHANGES IN PLATELET COUNT, MEAN PLATELET VOLUME, PLATELET DISTRIBUTION WIDTH, AND PLATELET CRIT IN PULMONARY TUBERCULOSIS SEVERITY</td>
<td>34 - 36</td>
</tr>
<tr>
<td>9</td>
<td>MICROBIAL PATTERN AND ANTIBIOTIC SUSCEPTIBILITY TEST IN SEMEN GRESIK HOSPITAL 2012</td>
<td>37 - 42</td>
</tr>
<tr>
<td>10</td>
<td>DIAGNOSTIC VALUES OF IMMATURE GRANULOCYTES, EOSINOPENIA AND I/T RATIO IN DETECTION OF EARLY ONSET NEONATAL SEPSIS IN NEONATES WITH BACTERIAL INFECTION RISK</td>
<td>43 - 47</td>
</tr>
<tr>
<td>11</td>
<td>EFFECT OF COFFEE DRINKS TO THE REACTION TIME OF 18-22 YEARS OLD MALE UNIVERSITY STUDENTS</td>
<td>48 - 51</td>
</tr>
<tr>
<td>12</td>
<td>INFLUENCE OF WEIGHTLIFTING ON THE EMERGENCE OF PARTIAL AND FULL THICKNESS ROTATOR CUFF TEAR DETECTED BY ULTRASOUND IMAGING</td>
<td>52 - 57</td>
</tr>
<tr>
<td>13</td>
<td>MEAN SCORE OF CERVICAL PEDICLE ANGLE TO MIDLINE AND INFERIOR END PLATE IN ADULT USING MULTI SLICED COMPUTED TOMOGRAPHY</td>
<td>58 - 62</td>
</tr>
</tbody>
</table>
THE DEPRESSION PROFILE OF PEOPLE LIVING WITH HIV/AIDS (PLWHA) RECEIVING ANTIRETROVIRAL TREATMENT IN DR. SOETOMO HOSPITAL SURABAYA

THE DEPRESSION PROFILE OF PEOPLE LIVING WITH HIV/AIDS (PLWHA) RECEIVING ANTIRETROVIRAL TREATMENT IN DR. SOETOMO HOSPITAL SURABAYA

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Abstract

It is important to know the profile and prevalence of depressive symptom in patients with Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome (HIV/AIDS) which are in medication of anti retro viral (ARV) to avoid the opportunity of drugs withdrawal which can lead to the increasing of the mortality of patients with HIV/AIDS. The design of this research is observational descriptive with cross sectional design towards the patients with HIV/AIDS in medication of ARV which is in consultation to Intermediate Care Unit of Infectious Disease Dr. Soetomo Hospital Surabaya. Based on the calculation of the former research, from the total sample, 43 people, the highest percentage is population with no depressive symptom (BDI 0-9) 30 people (70%), mild depression (BDI 10-18) 5 people, moderate depression (BDI 19-29) 4 people (9%), and severe depression 4 people (9%). There are factors Causes of depression symptoms such as side effects of drugs, stages of adaptation, the influence of social stigma, family support, and other psychosocial stressors that differs people with and without depression symptoms. In conclution, the research results obtained from the questionnaire in 43 patients with HIV/AIDS in the era of antiretroviral treatment in Dr. Soetomo Hospital, 70% of respondents found no depression, mild depression as much as 12%, whereas moderate depression and severe depression, respectively 9%.(FMI 2014;50:6-9)

Keyword : HIV/AIDS, depression, antiretroviral, therapy,

Daftar Pustaka :