Pengaruh Terapi Music Baroque Terhadap Perubahan Perhatian pada Anak dengan ADHD di SKK Bangun Bangsa Surabaya

Analisis Faktor Yang Berhubungan Dengan Pengambilan Keputusan Remaja Untuk Merokok pada Siswa Kelas XI Di SMAN 16 Surabaya Berdasarkan Teori Difusi Inovasi Rogers

Analisis Faktor Yang Berhubungan Dengan Kepatuhan Ibu Dalam Pemberian Diet Bebas Glutein Dan Kasein Pada Anak Autisme Di SKK Bangun Bangsa Surabaya

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Manajemen Kasus Spesialis Keperawatan Jiwa Pada Klien Harga Diri Rendah Dengan Menggunakan Pendekatan Health Promotion Model Nola Pender Di Rumah Sakit Jiwa

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**EFFECT OF BAROQUE MUSIC THERAPY ON ATTENTION CHANGES IN CHILDREN WITH ADHD (ATTENTION DEFICIT HYPERACTIVITY DISORDER) IN SKK (SPECIAL NEEDS SCHOOL) BANGUN BANGSA, SURABAYA**

Abstract

Introduction, Less attention was one of the main symptoms of ADHD. It causes the children with ADHD needs more time to repeat the same lessons in the classroom. Baroque music which has a slower-tempo able to reduce less attention disorders in children with ADHD. The aim of this study was to analyze the effect of the Baroque music therapy on attention changes in children with ADHD. Method, Research design was a pre-experimental study. Respondents were 7 children with ADHD in SKK Bangun Bangsa Surabaya selected by total sampling. The research variables were Baroque music therapy and attention changes in children with ADHD. Data were collected using questionnaires of Vanderbilt ADHD Diagnostic Parent and Teacher Rating Scale, and tested using the Wilcoxon Sign Rank test with significance level $\alpha \leq 0.05$. Results, Results showed that there were changes in children with ADHD's attention in SKK Bangun Bangsa Surabaya ($p = 0.038$). Discussion and conclusion, It can be concluded that Baroque music therapy is affected to level of attention in children with ADHD. This therapy recommended for teachers and parents in providing non-pharmacological therapy to increase the attention of children with ADHD. Further studies should involve larger sample and assessing the level of hyperactivity and impulsivity in children with ADHD.

Keyword : Baroque, music, therapy, attention, ADHD,

Daftar Pustaka :