DETECTION OF URINARY INCONTINENCE AFFECTING POST-MENOPAUSAL AGE USING II Q-7 AND UDI-6 QUESTIONNAIRE AT IMMANUEL TEACHING HOSPITAL BANDUNG

Abstrak :

Urination problem sometimes could be extremely bothersome, and one of the problems that occurs in urination is urinary incontinence. Adult women are more likely to complain of urination, and 30-50% of them would experience urinary incontinence. It is likely to be found in people aged 50-54 years old. Women with normal postural body type and medical history of hysterectomy could possibly have the tendency to urinary incontinence and so do women with three children or more. However, the incidence of urinary incontinence in post-menopausal age hasn’t evaluated yet.

The objective of this study is to evaluate the incidence of urinary incontinence in post-menopausal age based upon “Incontinence Impact Questionnaire” (IIQ-7) and Urinary Distress Inventory (UDI-6). This study uses observational descriptive method and practically involves 75 post-menopausal women in 50–65 years who suffer urinary incontinence in Obstetrics & Gynecology Department of Medical Faculty of Maranatha Christian University/Immanuel Teaching Hospital, Bandung. Data is obtained from the IIQ-7 and UDI-6 questionnaire. From all of the respondents, 90.6% complain that they suffer from urinary incontinence and it could be extremely bothersome in their daily life. The age of the patients ranged from 50-54. It counts for approximately 60% in a group of people who have normal body weight. Moreover, in a group of people who get married more often are also more likely to have urinary incontinence, and that counts for 94.7%. This study shows that women who have more than three children with medical history of hysterectomy are also inclined to suffer urinary incontinence.

Keyword :

urinary incontinence, post menopause, Incontinence Impact Questionnaire, Urinary Distress Inventory

Daftar Pustaka :