Identification of Factors Influencing the Exclusion of Family Planning Post-Natal

Abstrak:

Maternal mortality rate and total fertility rate at East Java on 2012 has increased, it needs a program approach on postpartum contraception. In Sukodadi Lamongan, the achievement of postpartum family planning for getting contraception on December 2012 was only 31.6%. This study was an observational descriptive study with cross-sectional study design. Total population is 75 people with sample size are 63 respondents. Sampling techniques used simple random sampling. Research variables: socio demographic factors (age, income, education, and parity); health factors (obstetric history and contraception history), and environmental factors (husbands support and experience). There are 40 (63.5%) mothers are at a young age already have 1–2 kids by 50 (79.4%), they still possible to get pregnant again. Moreover, most of them had income below the minimum wage economy 31 (49.2%). Most of them have normal obstetric history 35 (55.6%), maternal medical history is a history of previous obstetric and contraception history can affect the mother for not participating by used contraception, because mother not participating in contraception until now have a bad obstetric history and have side effects/complications of contraception 26 (68.42%); most of them have less support from husband is 34 (54%), is the instrumental and emotional support; most of them have less experience about postpartum contraception 33 (52.4%). The lack of participation of mothers on postpartum family planning has the characteristics of young age < 30 years with low parity, and secondary education, and income below the minimum wage, have normal obstetric history, contraception history with experiencing side effects/complications, had less of husbands support and less of experience in contraception.

Keyword:

participation, contraception, postpartum, husband support

Daftar Pustaka:

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